



Employment Reference Release

I acknowledge that I have been informed that it is J.E. Agnew Food Services Ltd. general policy to disclose in response to a prospective employer's request only the following information about current or former employees: (1) the dates of employment, and (2) descriptions of the jobs performed and (3) Details surrounding employment exit.

By signing this release, I am voluntarily requesting that J.E. Agnew Food Services Ltd. depart from this general policy in responding to reference requests from any prospective employer that may be considering me for employment. I authorize J.E. Agnew Food Services Ltd. to disclose to such prospective employers any employment-related information that J.E. Agnew Food Services Ltd., in its sole discretion and judgment, may determine is appropriate to disclose, including any evaluations, or assessments that J.E. Agnew Food Services Ltd. may have about my performance or behaviour as an employee.

In exchange for J.E. Agnew Food Services Ltd. agreement to depart from its general policy and to disclose additional employment-related information pursuant to my request, I agree to release and discharge J.E. Agnew Food Services Ltd. and its successors, employees, officers, and directors from all claims, liabilities, and causes of action, know or unknown, fixed or contingent, that arise from or that are in any manner connected to J.E. Agnew Food Services Ltd. disclosure of employment-related information to prospective employers. This release includes, but is not limited to, claims of defamation, libel, slanders, negligence, or interference with contract or profession.

I acknowledge that I have carefully read and fully understand the provisions of this release. I further acknowledge that I was given the opportunity to consult with an attorney or any other individual of my choosing before signing this release and that I have decided to sign this release voluntarily and without coercion or duress by any person.

This release sets forth the entire agreements between J.E. Agnew Food Services Ltd. and me, and I acknowledge that I have not relied upon any representation or statement, written or oral, not set forth in this document.

Employee Signature: _____ Date: _____
Employee Name (Print) _____